



VANILLA DREAM SPORTS PROTEIN POWDER

Supplement Facts

Serving Size 1 Scoop (41g)

Servings Per Container About 19

Amount Per Serving	% Daily Value*	
Calories	160	
Calories from Fat	15	
Total Fat	2g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	45mg	15%
Total Carbohydrate	9g	3%
Dietary Fiber	1g	4%
Sugars	8g	
Protein	23g	46%
Calcium	271mg	27%
Sodium	150mg	6%
BCAA Blend	500mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: WHEY PROTEIN CONCENTRATE (FROM MILK), MILK PROTEIN ISOLATE, FRUCTOSE, NATURAL FLAVORS, GLYCINE, CALCIUM CASEINATE (FROM MILK), MICELLAR CASEIN (FROM MILK). **CONTAINS 2% OR LESS OF:** WHEY PROTEIN HYDROLYSATE (FROM MILK), WHEY PROTEIN ISOLATE (FROM MILK), BRANCHED CHAIN AMINO ACIDS (LEUCINE, ISOLEUCINE, VALINE), SODIUM CASEINATE (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES, LECITHIN (SOY OR SUNFLOWER), PAPAIN, OLIGOFRUCTOSE, GUAR GUM, XANTHAN GUM, REB A (STEVIA), BROMELAIN, FRUCTOOLIGOSACCHARIDES, PEA PROTEIN ISOLATE.

CONTAINS SOY AND MILK.

One serving provides the following typical amino acids:

L-Alanine	1000mg
L-Arginine	640mg
L-Aspartic Acid	2390mg
L-Cystine	440mg
L-Glutamic Acid	4350mg
Glycine	420mg
L-Histidine	480mg
L-Isoleucine (BCAA)	1360mg
L-Leucine (BCAA)	2300mg
L-Lysine	1980mg
L-Methionine	550mg
L-Phenylalanine	850mg
L-Proline	1150mg
L-Serine	1160mg
L-Threonine	1350mg
L-Tryptophan	410mg
L-Tyrosine	850mg
L-Valine (BCAA)	1320mg