



CITRUS BURST

INTENSE PRE-WORKOUT BOOST

S u p p l e m e n t F a c t s		
Serving Size 1 Scoop (15g)		
Servings Per Container 30		
Amount Per Serving	% Daily Value*	
Calories	40	
Calories from Fat	5	
Total Fat	0.5g	1%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Total Carbohydrates	8g	3%
Sugars	6g	
Vitamin C (as ascorbic acid)	60mg	100%
Thiamin (as thiamine mononitrate)	1.5mg	100%
Riboflavin	1.7mg	100%
Niacin (as nicotinic acid)	20mg	100%
Vitamin B ₆ (as pyridoxine hydrochloride)	25mg	1250%
Folic Acid	400mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	120mcg	2000%
Pantothenic Acid (as d-calcium pantothenate)	10mg	100%
Sustained Energy Matrix (maltodextrin, isomaltulose, dextrose, waxy maize)	7.4g	†
Beta-Alanine	3.2g	†
Medium Chain Triglycerides (from coconut oil)	500mg	†
Energy Blend	600mg	†
Caffeine (from guarana seed extract and coffee bean extract), Eleuthero root, ginkgo leaf, astragalus root, Asian ginseng root, schizandra fruit and seed, sargassum thallus, reishi fruit, jujube fruit, lycium fruit, luohanguo fruit		
Rhodiola root extract (standardized to 3% rosavins)	100mg	†
* Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

INGREDIENTS: BETA-ALANINE, MALTODEXTRIN, ISOMALTULOSE, DEXTROSE, WAXY MAIZE, CITRIC ACID, NATURAL FLAVORING, ENERGY BLEND (CAFFEINE (FROM GUARANA SEED EXTRACT AND COFFEE BEAN EXTRACT), ELEUTHERO ROOT, GINKGO LEAF, ASTRAGALUS ROOT, ASIAN GINSENG ROOT, SCHIZANDRA FRUIT AND SEED, SARGASSUM THALLUS, REISHI FRUIT, JUJUBE FRUIT, LYCIUM FRUIT, LUO HAN GUO FRUIT), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT OIL). **CONTAINS 2% OR LESS OF:** SILICA, MALIC ACID, RHODIOLA ROOT EXTRACT, ASCORBIC ACID, PYRIDOXINE HYDROCHLORIDE, REB A (STEVIA), NIACIN (AS NICOTINIC ACID), CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, FOLIC ACID, THIAMINE MONONITRATE, RIBOFLAVIN.