



CHOCOLATE PEANUT BUTTER SPORTS PROTEIN BAR

Nutrition Facts

Serving Size 1 Bar (56g)
Servings Per Container 12

Amount Per Serving

Calories 250 Calories from Fat 100

% Daily Value*

Total Fat	11g	17%
Saturated Fat	6g	30%
Trans Fat	0g	
Cholesterol	25mg	8%
Sodium	120mg	5%
Total Carbohydrate	19g	6%
Dietary Fiber	1g	4%
Sugars	9g	
Protein	20g	40%

Vitamin A	0%	•	Vitamin C	0%
Calcium	15%	•	Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHOCOLATE FLAVORED COATING (SUGAR, PALM KERNEL OIL, WHEY PROTEIN CONCENTRATE, COCOA POWDER, SOY LECITHIN [EMULSIFIER], VANILLA), XS™ PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, MILK PROTEIN CONCENTRATE, HYDROLYZED WHEY PROTEIN ISOLATE, CALCIUM CASEINATE), PEANUT BUTTER (PEANUTS, SUCROSE, PALM OIL, SALT, SEA SALT), GLYCERINE, GELATIN, WATER, WHEY CRISP (WHEY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, TAPIOCA STARCH, CALCIUM CARBONATE, SOY LECITHIN [PROCESSING AID]), PEANUT FLOUR, POWDERED SUGAR, MALTODEXTRIN, PEANUTS, PALM KERNEL OIL, SOY LECITHIN (EMULSIFIER), SALT, ALMONDS.
CONTAINS PEANUTS, SOY, MILK AND ALMONDS.